

IndigoLife Communications, Inc.
presents



IndigoLife
**WOMEN'S
EMPOWERMENT
& CULTURAL EXPO**

May 18-20, 2017

South Georgia Technical College
Crisp County Center
402 N Midway Road, Cordele, GA 31015

www.indigolifeonline.com



9:00 am Greetings
9:10 am Intro of Keynote Speaker
9:15 am Keynote Speaker
10 am - 11 am PANEL

Topic: *Understanding Women's Empowerment
-- A Global Multicultural Perspective*

TRACK #1: WOMEN & THEIR PERSONA

Session 1 11:00 am - 12:20 pm
Session 2 1:40 pm - 3:00 pm

- Queens wear crowns (African head dressing techniques)
- Put together for whatever
- The art of unmasking
- Starting anew: Made up and made over
- Wearing purpose on your shoulder

12:30 pm - 1:30 pm LUNCH
Entertainment: *Fashion a la mode from then until now*

EVENING SOCIAL
Networking Reception 6:30 pm



9:00 am Greetings/Welcome
9:10 am Introduction of Speaker
9:15 am Keynote Speaker
10 am - 11 am PANEL

Topic: *Pearls & Curly in a Man's World (Ladies who lead in Male Dominant Industries)*

TRACK #2: WOMEN AS COMMUNITY BUILDERS

Session 1 11:00 am - 12:20 pm
Session 2 1:40 pm - 3:00 pm

- Sisters in the Circle: Creating your own success tribe
- Your turn: Caregiving for your aging or ailing parents
- Leaving community legacies through mentoring
- If your children were your parents... what advise can children give their elders?
- Taking it to the streets: A Church without walls

12:30 pm - 1:30 pm LUNCH
Entertainment: *May Reign Unplugged*

EVENING SOCIAL
Open-Air Concert 6:30 pm



9:00 am Opening
9:10 am - 10am PANEL

Topic: *On the other side of the Storm: Testimonies of Women who overcame bouts with illness, abandonment & infidelity, and domestic violence*

TRACK #3: WOMEN & THEIR HEALTH

Session 1 10:10 am - 11:30 am
Session 2 12:40 pm - 2:00 pm

- Meet Boaz, the urban style ballroom dancer
- The power of saying 'No' for sustaining personal balance
- Spice & Flavor: What life and a smoothie should have in common
- What's in your cup of tea: Steeped to fit your taste & lifestyle
- Keeping your girlie bits fit

11:40 pm - 12:30 pm LUNCH
Social Hour / Vendor Shopping 5:00 pm
IndigoLife Gala 6:30 pm